








*** 2 hours of medical services are offered each week for all patients**

MARTY MANN HOUSE Medium Intensity Daily Schedule

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:30a wake up 7:30-8a Morning Meditation	6:30a wake up 7:30-8a Morning Meditation	6:30a wake up 7:30-8a Morning Meditation	6:30a wake up 7:30-8a Morning Meditation	6:30a wake up 7:30-8a Morning Meditation	Sleep In 9-9:30a Morning Meditation	Sleep In 9-9:30a Morning Meditation
8-9a Breakfast & personal time	8-9a Breakfast & personal time	8-9a Breakfast & personal time	8-9a Breakfast & personal time	8-9a Breakfast & personal time	9a-2p Super Clean	
9-12p Clinical Group	9-12p RN Education Group	9-10:30a Cares & Concerns 10:45-12p Clinical Group	9-12p Clinical Group	9:30a-10:30a Principles 10:45a-12:30p Clinical Group		REQUIRED <i>(if in house)</i> 10-11a Recovery Meeting <i>Blue dining room</i>
12-1p LUNCH	12-1p LUNCH	12-1p LUNCH	12-1p LUNCH	12:30-1:30p LUNCH	12:30-1:30p LUNCH	11:30-12p BRUNCH
1:30p Chat~N~Chew Bible Study (optional)		1:30p Study Hall w/ Lynette	REQUIRED <i>(if in house)</i> 1-2p Yoga		Visitation 12-3p Group 1 4-7p Group 2	Visitation 12-2p Group 2 2-4p Group 1
1-4:30p Outside clinical appointments	1-4:30p Outside clinical appointments	1-4:30p Outside clinical appointments	1-4:30p Outside clinical appointments	1-4:30p Outside clinical appointments	GAMES	
6:00-8:00p Visitation	No Visitation	5:00-8:00p Visitation	5:00-6:15p Visitation	5:00-8:00p Visitation		
4:30-5:00p DINNER	4:30-5:00p DINNER	4:30-5:00p DINNER	4:30-5:00p DINNER	4:30-5:00p DINNER / Group 1 guests	5:00-6:00p DINNER / Group 2 guests	5:00-6:00p DINNER
	REQUIRED <i>(if in house)</i> 7p Recovery Meeting In-house	7-9p Outside Recovery Meeting		7-9p Outside Recovery Meeting	7:30-9:30p Movie & Popcorn In-house	REQUIRED 6:15-8p Community Group dinner guests sign up
10p CURFEW 11p IN ROOMS	10p CURFEW 11p IN ROOMS	10p CURFEW 11p IN ROOMS	10p CURFEW 11p IN ROOMS	10p CURFEW 12:30a IN ROOMS	10p CURFEW 12:30a IN ROOMS	5p CURFEW 11p IN ROOMS